



# SPORTS CLUB AND COACH

EDUCATION PROGRAMME 2017

SPORTS SPECIFIC AND GENERIC COURSES



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## Sports Club & Coach Education Programme

### **Welcome to the West Dunbartonshire Leisure (WDL) Club and Coach Education Brochure for 2017.**

If you are interested in a course that is not outlined in this brochure, please contact Sports Development staff to discuss the feasibility of having this course organised.

We hope these courses will help those already heavily involved in sport, as well as those volunteering and coaching for the first time.

The programme could not be developed and delivered without the support of both local and national partners. These partners include **sportscotland**, WDL Active Schools, and WD Club Sport. Their continued contribution is very much appreciated.

West Dunbartonshire Leisure Sports Development would like to wish you all the best in your involvement in sport.





# ARE YOU 14-21? INTERESTED IN SPORTS AND COACHING?



- Develop into a skilled leader and coach
- Gain Qualifications, Training and Experience
- Participate in Sport
- Develop the local community by staging activities for children
- Promote fun through sport



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tel: **07941 482525**

or find us on Facebook 

# West Dunbartonshire Club Sport



West Dunbartonshire Club Sport is run by local club members for local clubs. It is a completely voluntary organisation that aims to represent and assist clubs as required. This assistance can be either in an advisory form or through financial support.

Each year, WD Club Sport is awarded a grant from WD Community Volunteer Service to support clubs. This grant, as well as affiliation fees, allows WD Club Sport to provide support in a meaningful way. Affiliation is an annual fee of £30 for clubs. Individuals can affiliate for a fee of £20 (over 16 years) or £15 (under 16 years).

## How WD Club Sport helps clubs

1. Club Grant Scheme for affiliated clubs/groups to assist with:
  - purchasing team/club equipment
  - starting a new class or section
  - funding a special event or regional (and above) competition
  - subsidising coach/official education – up to 50% discount
2. Promotion of local clubs through the:
  - Volunteer and Club Award Scheme to recognise and reward clubs, coaches, officials and talented athletes
  - WD Club Sport website and yearly activities

WD Club Sport also support the West Dunbartonshire Community Sports Awards each year which acknowledge, reward and recognise local sporting achievements and celebrate their success.

**For more information on WD Club Sport, please visit their website [www.wdsc.co.uk](http://www.wdsc.co.uk)**

## Talented Sports Performer Scheme

A Talented Sports Performer Grant is also awarded via WD Club Sport.

This exciting scheme is designed for individuals who compete and train at national or international level in a sport. It is recognised by sportscotland and is run by Sports Development in conjunction with West Dunbartonshire Sports Council. TSPS is open to individuals who are affiliated to WD Club Sport or who are a member of a local club that is affiliated.

The scheme provides athletes with an opportunity to apply for the Talented Sports Performer Card allowing free access to specific WD Leisure facilities for additional training requirements.

**To find out more about the scheme, please contact Tommi Orismaa on [tommi.orismaa@west-dunbarton.gov.uk](mailto:tommi.orismaa@west-dunbarton.gov.uk)**

# Funding Your Training

There are various sources of funding available to assist clubs, coaches and volunteers with the costs of training.

## Local support

If you, or your club, is an affiliated member of West Dunbartonshire Club Sport (more info on Page 4), you will be eligible for up to 50% off course costs.

## United Kingdom Coaching Certificate (UKCC)

UKCC is managed through Sports Coach UK and it provides a framework for developing, endorsing and continuously improving sports coach education programmes. There are more than 30 sports with UKCC endorsement, but the length and content of courses will vary between each of these sports. Generally, coaching qualifications within the UKCC system begin at Level 1 and can potentially go to Level 4. In having a UKCC award, any coach can be assured they have a nationally recognised qualification.

## sportscotland – UKCC Level 1 subsidy

sportscotland recognises the importance of accessible, affordable coaching courses being available to coaches who are involved in sport and currently offer funding towards the cost of UKCC endorsed qualifications. We have committed to further enhancing this process by ensuring that a simple, consistent and targeted approach to The UK Coaching Certificate (UKCC) investment is provided.

Level 1: 40% of full course cost with a maximum value of £100

Level 2: 70% of full course cost with a maximum value of £400

\*\*Group applications are also available\*\*

**For further information on the funding process or eligibility, please visit the [www.sportscotland.org.uk/coaching/funding/ukcc\\_subsidy](http://www.sportscotland.org.uk/coaching/funding/ukcc_subsidy).**

## Additional support and funding information

For further information from sportscotland on help for sports clubs and funding, visit the website links below:

Help for clubs:

<http://www.sportscotland.org.uk/clubs/help-for-clubs/>

Funding:

<http://www.sportscotland.org.uk/funding.aspx>





# Child Protection Courses

These courses focus on ensuring children and vulnerable groups are protected within sport. Training is also available for individuals as Child Protection Officers so that clubs have people with the knowledge and skills to deal with any eventuality.

## Safeguarding & Protecting Children

Protect yourself, the young people you are coaching and those around you, by understanding and following good coaching practice. Learn about child abuse and how to handle situations if you have concerns. Elements include: identifying good practice; recognising signs and symptoms of abuse; and identifying appropriate action in relation to dealing with abuse.

Date	Time	Venue	Cost
Monday 22nd May 2017	6:00pm - 9:00pm	Clydebank Leisure Centre	£25
Monday 2nd October 2017	6:00pm - 9:00pm	Clydebank Leisure Centre	£25

## In Safe Hands

This 3 hour workshop supports clubs to put child protection policies into practice. It is suitable for those acting as the club Child Protection Officer but is also relevant for those responsible for managing or organising the club. Subjects focus on legal aspects, roles and responsibilities and practical procedures. By the end of the workshop, participants will have identified and planned action required in their club to keep children, and those who work with them, safe. In addition, participants will know more about the ongoing help and support available to them. **Safeguarding is a pre-requisite** for this course.

Date	Time	Venue	Cost
Monday 20th November 2017	6:00pm - 9:00pm	Clydebank Leisure Centre	£30

\*For booking and payment information, please see page 11 of this booklet

# First Aid Courses

## Emergency Paediatric First Aid

This qualification is aimed at those who have responsibility for the welfare of infants and children.

This comprehensive course covers a wide range of first aid skills related to infants and children as well as equipping the first aider to apply first aid to a range of specific injuries and illnesses. This course will provide the learner with an IQL Emergency Paediatric First Aid qualification which is Ofqual accredited and meets the requirements of the Early Years and Child Care Register.

Date	Time	Venue	Cost
Wednesday 19th and 26th April 2017	Over 2 evenings - 6-9pm each evening	Clydebank Leisure Centre	<b>£90.00</b> (**£60.00 for West Dunbartonshire sports clubs)
Saturday 11th November 2017	9am – 4pm	Clydebank Leisure Centre	<b>£90.00</b> (**£60.00 for West Dunbartonshire sports clubs)

## Emergency First Aid at Work

Description and purpose:

This comprehensive course covers a wide range of first aid skills and also equips the first aider to apply first aid to a range of specific injuries and illness. This course will provide the learner with a recognised IQL Emergency First Aid at work qualification, which is accredited by Ofqual.

Date	Time	Venue	Cost
Wednesday 22nd and 29th November 2017	Over 2 evenings - 6-9pm each evening	Clydebank Leisure Centre	<b>£90.00</b> (**£60.00 for West Dunbartonshire sports clubs)

To book or enquire about the courses, please email [wdl-t-training@west-dunbarton.gov.uk](mailto:wdl-t-training@west-dunbarton.gov.uk)

Alternatively, phone Monday – Friday 9.00am – 4.30pm 01389 757806.

For further information on the above and additional HSE approved training courses as well as the National Pool Lifeguard Qualification, please visit

[www.west-dunbarton.gov.uk/leisure-parks-events/west-dunbartonshire-leisure/training](http://www.west-dunbarton.gov.uk/leisure-parks-events/west-dunbartonshire-leisure/training)

# Sports Specific Coaching Courses

## Netball - UKCC Level 1

**The UKCC Level 1 course is the first step on the coaching pathway. This course is for those who are assisting a UKCC Level 2 Qualified Coach.**

This course is running on the following dates:

### Course 1:

Lesmahagow High School  
23rd and 30th April

### Course 2:

Eastwood High School  
3rd and 17th September

Time: **9.15am to 5pm both days.**

Cost: £200.00 (£120.00 with **sportscotland** subsidy)

\*Contact Netball Scotland for full course details and booking information  
[www.netballscotland.com/CoachingInfo](http://www.netballscotland.com/CoachingInfo)

## Badminton Basics (14yrs+)

Saturday 17th June (9.30am - 4.00pm)

Clydebank Leisure Centre • £40

Badminton Basics is a six-hour course geared towards coaches with little or no badminton experience. It focuses on fun games for beginners, allowing participants to lead sessions at schools and assist more experienced coaches at clubs. Candidates receive a certificate of attendance and a pack.

Badminton Basics is a core component of the new coaching awards and, as such, is the first step on the pathway. The minimum age for participants is 14 years of age. Candidates will receive a certificate and resource pack

## Basketball – Getting started

Sunday 21st May 2017 (10.00am to 4.00pm)

Clydebank Leisure Centre • £35

The Getting Started award is basketball Scotland's introductory level leadership award. Those completing the course will be able to lead young players under the supervision of qualified coaches. This course will allow candidates to deliver blocks of coaching under the supervision of a qualified coach or teacher and will provide them with the necessary skills to assist at basketball festivals

**For booking and payment information, please see page 11 of this booklet**





If you or your sports club are interested in running a course not outlined in this programme, West Dunbartonshire Leisure Sports Development would be happy to assist you in organising this. Please contact Sports Development on 01389 753557 to discuss this further.

The majority of other National Governing Bodies also run their own Coach Education programmes. Some examples of these are listed below:

Sport	Website	Phone
Athletics	<a href="http://www.scottishathletics.org.uk/coaches">www.scottishathletics.org.uk/coaches</a>	0131 539 7320
Tennis	<a href="http://www3.lta.org.uk/in-your-area/scotland">www3.lta.org.uk/in-your-area/scotland</a>	0131 444 1984
Hockey	<a href="http://www.scottish-hockey.org.uk">www.scottish-hockey.org.uk</a>	0141 550 5999
Gymnastics	<a href="http://www.scottishgymnastics.org">www.scottishgymnastics.org</a>	0131 271 9744
Rugby	<a href="http://www.scottishrugby.org">www.scottishrugby.org</a>	0131 346 5167
Swimming	<a href="http://www.scottishswimming.com">www.scottishswimming.com</a>	01786 466520
Disability Sport	<a href="http://www.scottishdisabilitysport.com">www.scottishdisabilitysport.com</a>	0131 317 1130

If your preferred sport isn't listed above, please visit <http://sportsotland.org.uk/sport-a-z/>



## Early Touches Children 1.1

Dates	Time	Venue	Cost
Saturday 9th September	10:00am – 4:00pm	Knoxland Primary School	£45

## Coaching Young Footballers Level 1.2

Dates	Time	Venue	Cost
Saturday 11th March & Saturday 18th March	10:00am – 4:00pm	Knoxland Primary School	£60

## Coaching Footballers 13+ Level 1.2

Dates	Time	Venue	Cost
Sunday 14th May & Sunday 21st May	10:00am – 4:00pm	Knoxland Primary School	£60

## Coaching in the Game Level 1.3

Dates	Time	Venue	Cost
Saturday 5th August & Saturday 12th August	10:00am – 4:00pm	Knoxland Primary School	£60

**\*Knoxland Primary School – Leven Street, Dumbarton, G82 1QU**

For full details of all SFA Coach Education Courses please visit:  
<http://www.scottishfa.co.uk/football.cfm?page=2582>

To Apply for all courses please visit:  
<https://www.scottishfalive.co.uk/scottishfa/coaches/>

For any information, please email:  
**email: [Kenny.mccomish@west-dunbarton.gov.uk](mailto:Kenny.mccomish@west-dunbarton.gov.uk)**

# How to Book & Pay

## To book a place on one of the following courses

- Safeguarding and Protecting Children
- In Safe Hands
- Basketball – Getting started
- Badminton basics

Please follow the guidelines below:

For a booking form, please contact WD Leisure Sports Development

Mon - Fri (9am – 4pm) on **01389 757806**

Email: [sportsdevelopment@west-dunbarton.gov.uk](mailto:sportsdevelopment@west-dunbarton.gov.uk)

Visit <http://www.west-dunbarton.gov.uk/> and search for **Coach Education**

\*For the 'Paediatric Emergency First Aid' and 'Emergency First Aid in the workplace' courses, please follow the booking information on page 7 of this booklet.

\*For all SFA Football Development courses please follow the booking information on page 10 of this booklet.

### Club & Coach Education 2017 Course Terms and Conditions

1. Courses are geared, unless specified, towards individuals who are 16 years old and above. If you are younger than this, please contact Sports Development to discuss what opportunities are available to you.
2. There are a maximum number of participants on each course. To ensure that you get a place on a course, please book well in advance of the course date.
3. Payment for the courses outlined in this booklet must be received in advance of the course commencing.
4. Candidates attending the sports specific courses should come ready for practical sessions indoor and outdoor, and bring refreshments with them.
5. WDL Sports Development does not accept liability for any personal belongings taken to our education courses.
6. Non-attendance at a course without informing Sports Development in advance will ensure no refund is provided.
7. Every attempt will be made to ensure that all courses are delivered. Sports Development however, reserves the right to cancel any course if the numbers fall below a stipulated course minimum. Candidates will be informed of cancellations prior to the start of the course. An arrangement will then be agreed to reimburse any course fees to participants.



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