



Clydebank Leisure Centre Swimming Pool Programme

Competition Pool		Other pool activities
Monday:	07.00 – 11.00 Lane Swimming	11.00-11.45 Aquafit
	11.00 – 17.30 Casual Swimming	15.30-17.30 swim lessons
	17.30 – 18.30 Lane Swimming	17.30-18.30 swim club
Tuesday:	07.00 – 11.00 Lane Swimming	09.30-15.30 school swim
	11.00 – 17.30 Casual Swimming	12.15-13.15 swim lessons
	17.30 – 19.00 Lane Swimming	15.30-17.30 swim lessons
		17.30-19.00 swim club
Wednesday:*	10.00 – 11.00 Lane Swimming	11.00-11.45 Aquafit
	11.00 – 17.30 Casual Swimming	14.00-15.00 staff training
	17.30 – 19.00 Lane Swimming	15.30-17.30 swim lessons
	19.00 – 20.00 Casual Swimming	17.30-19.00 swim club
		19.00-19.45 Aquafit
Thursday:	07.00 – 11.00 Lane Swimming	15.30-17.30 swim lessons
	11.00 – 17.30 Casual Swimming	17.30-19.00 swim club
	17.30 – 18.45 Lane Swimming	18.45-19.30 swim lessons
Friday:	07.00 – 11.00 Lane Swimming	10.00-10.45 Aquafit
	11.00 – 18.30 Casual Swimming	14.00-15.00 staff training
	18.30 – 20.30 Lane Swimming	15.00-18.30 swim lessons
Saturday:	09.00 – 16.30 Casual Swimming	10.30-12.30 swim lessons
	16.30 – 18.45 Lane Swimming	
Sunday:	09.00 – 16.30 Casual Swimming	10.00-12.30 swim lessons

* 09.00 opening during school holidays



Clydebank Leisure Centre Swimming Pool Programme

Teaching Pool		Other pool activities
Monday:	09.00 – 21.00 Casual Swimming	14.30-18.00 swim lessons
Tuesday:	09.00 – 21.00 Casual Swimming	14.30-18.00 swim lessons
		10.00-12.00 swim lessons
Wednesday:*	10.00 – 21.00 Casual Swimming	14.30-17.30 swim lessons
Thursday:	09.00 – 21.00 Casual Swimming	14.30-17.30 swim lessons
Friday:	09.00 – 20.30 Casual Swimming	09.30-11.30 mum/toddler
		15.00-18.30 swim lessons
Saturday:	09.00 – 18.45 Casual Swimming	09.00-12.30 swim lessons
Sunday:	09.00 – 15.30 Casual Swimming	09.00-12.30 swim lessons

* 09.00 opening during school holidays

Wave Pool & i-Slide			
Monday:*	16.00 – 20.00 Casual Swimming		Waves operate for 7 minutes every 30 minutes
Tuesday:*	16.00 – 20.00 Casual Swimming		
Wednesday:*	16.00 – 20.00 Casual Swimming		
Thursday:*	16.00 – 20.00 Casual Swimming		
Friday:*	16.00 – 20.30 Casual Swimming		
Saturday:	10.30 – 18.45 Casual Swimming		
Sunday:	10.30 – 16.30 Casual Swimming		

* 11.00 opening during school holidays

Correct at: 03 August 2018