

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Soups** | **Tomato Soup** | **Split Pea Soup**  | **Cream of Chicken Soup** | **Lentil Soup** | **Minestrone Soup** |
| **Meal Option** | **Baked Macaroni Cheese** | **Roast Chicken and Gravy**  | **Scottish Steak Pie** | **Chicken and Sweet Potato Curry** | **Breaded Haddock** |
| **Vegetarian**  | **Vegetable Curry**  | **Vegetable Enchilada**  | **Leek and Potato Bake** | **Tomato and Basil Pasta** | **Vegetable Lasagne** |
| **Carbohydrates**  | **Boiled Rice** **Garlic Bread** | **Baby New Potatoes****Yorkshire Puddings** | **Mashed Potatoes** | **Boiled Rice** **Pitta Bread** | **Chips****Garlic Bread** |
| **Vegetables** | **Steamed Carrots****Sweetcorn**  | **Broccoli Florets** **Roasted Vegetables** | **Steamed Carrots****Diced Turnip** | **Green Beans****Sweetcorn**  | **Garden Peas****Baked Beans** |
| **Desserts** | **~** | **Fruit Crumble****Ice Cream**  | **~** | **~** | **Mixed Fruit Yoghurt** |
| **Grab and Go** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguette** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis****Pizza Slice****Chicken Burger****Thai Veg Noodle Pot**  | **Toasted Paninis****Pizzini****Hot Dog** **Baked Potato & Fillings** | **Toasted Paninis****Chicken Goujon Wrap** **Cheese Burger****Thai Veg Noodle Pot**  | **Toasted Paninis****Hot Dog** **Pizzini****Baked Potato & Fillings**  | **Toasted Paninis****Pizza Slice****Chicken Goujon Wrap**  |

**School Year 2023/2024 High School Week 3**