

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Starters** | **Sweet Potato Soup** | **Lentil Soup** | **Roasted Vegetable Soup** | **Lentil Soup** | **Chicken and Rice Broth** |
| **Meal Option** | **Cajun Chicken Pasta** | **Beef Chilli** | **Sausage Casserole** | **Chicken Korma** | **Breaded Haddock** |
| **Vegetarian** | **Quorn and Mixed Bean Casserole** | **Basil and Tomato Pasta** | **Potato and Chickpea Curry** | **Pizza and Pasta** | **Lentil Bolognaise** |
| **Carbohydrates** | **Pitta Bread** | **Boiled Rice**  **Garlic Bread** | **Mashed Potatoes** | **Boiled Rice** | **Chips**  **Spaghetti** |
| **Vegetables** | **Roasted Vegetables**  **Garden Peas** | **Broccoli Florets**  **Steamed Carrots** | **Garden Peas**  **Steamed Turnip** | **Sweetcorn**  **Coleslaw** | **Garden Peas**  **Baked Beans** |
| **Desserts** | **~** | **~** | **Mixed Berry Cookies** | **~** | **~** |
| **Grab and Go** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguette** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis**  **Pizzini**  **Salmon Nugget Wrap**  **Pizza Slice** | **Toasted Paninis**  **Beef Burger**  **Hot Dog**  **Baked Potato & Fillings** | **Toasted Paninis**  **Chicken Burger**  **Quorn Dipper Wrap**  **Thai Veg Noodle Pot** | **Toasted Paninis**  **Hot Dog**  **Chicken Goujon Wrap**  **Baked Potato & Fillings** | **Toasted Paninis**  **Quorn Dipper Wrap**  **Pizzini**  **Pizza Slices** |

**School Year 2023/2024 High School Week 2**