Conditions of Use

Gymnastics Participants

- All footwear including socks must be removed before using the equipment
- All jewellery and accessories must be removed. Studded earrings are permitted
- All personal belongings should be stored in the changing room lockers, or in the area provided within the gymnastics hall.
- No food or drink is permitted on the equipment. Please store water/drinks and snacks alongside personal belongings in the dedicated area in the gym
- All hair must be tied or clipped back
- Participants should not leave the facility until a responsible adult over the age of 16 has collected them
- Participants must ask a coach for permission to attend the toilet
- Participants should report to the waiting area until a member of the coaching team collects them for their session
- No photographs or videos are permitted to be taken during a closed training session/ class at any time without permission of the centre staff

Responsible Person / Coach

- Coaches should make participants aware of the participant/gymnast rules before using the equipment
- During training sessions, coaches should ensure that the equipment is used appropriately
- The equipment should be returned to the original set up. Please see the pictures within the gym for guidance
- Please ensure no outdoor footwear is worn on the equipment. Socks only
- All drinks and snacks should not be consumed on the equipment area. Please use the dedicated area within the gym
- Please ensure all belonging are collected before the participants leave the facility
- Please ensure the waiting area, kitchen area and toilets are left in a clean and tidy condition after use
- Coaches and participants are permitted within the equipment area. All other spectators should wait in the waiting area out with the gymnastics hall
- Please report any damage or concerns regarding the equipment to the on-site member of staff

Dumbarton Gymnastics Centre
73 Ardoch Crescent, Brucehill, Dumbarton G82 4EN,
01389 607298, 01389 757806 for bookings