

Primary Week 4

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>Starter/ Desserts</u>	Tomato Soup	Salmon Pate & Crackers	Carrot Cake & Custard	Lentil Soup	Garlic & Cheese Bruschetta
<u>Option Hot</u>	Mince	Chinese Chicken Curry	Homemade 4oz Beef Burger with option of Cheese & a Bun	Grilled Link Sausages / Gravy	Breaded Haddock
<u>Salad</u>	Tuna Pasta Salad	Ham & Pineapple Salad	Gammon Salad	Turkey & Beetroot Salad	Egg Salad
<u>Sides</u>	Mashed Potatoes	Rice Naan Bread	Wedges	Creamed Potatoes	Chips Ketchup
<u>Vegetables</u>	Broccoli	Green Beans	Sweetcorn Beetroot	Beans Carrot Roundels	Sweetcorn Peas
<u>Drinks</u>	Water	Water	Water	Water	Water

Fresh Fruit Platter/ Water & Fresh Bread available everyday

Primary Picking Plate - Week 4

** All picking plates have the option of soup when it is on the main menu

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1/05/18	Tomato Soup Ham Salad Oval Bite Mixed Salad Carrot & Pepper Batons Watermelon Yoghurt	Salmon and rice pot with corn and red peppers Mixed Salad Grapes Yoghurt	Tuna Finger Roll Potato Wedges Mixed Salad Carrot Batons Mixed Fruit Carrot Muffin	Lentil Soup Cheese Roll Mixed Salad Crudities (Pepper, Carrot, Cucumber Batons) Fruit Bag	Fresh sliced mozzarella cheese with sliced tomatoes and basil Fresh chicken Bloomer Mixed Salad Grapes/Melon

