

**Primary Week 1**

	<b><u>MONDAY</u></b>	<b><u>TUESDAY</u></b>	<b><u>WEDNESDAY</u></b>	<b><u>THURSDAY</u></b>	<b><u>FRIDAY</u></b>
<u>Starter/Soup/Dessert</u>	Lentil Soup	Tomato soup	Carrot and butternut squash soup	Apple sponge cake with custard	Chicken Noodle Soup
<u>Hot main</u>	Beef meatballs with penne pasta in a tomato sauce	Oriental noodles with chicken	Macaroni Cheese	Steak pie with gravy	Breaded Haddock
<u>Side</u>	Crusty Bread	Wholemeal pitta bread	Garlic bread	Boiled Baby Potatoes	Chips
<u>Vegetables</u>	Carrot roundels	Peppers and sweetcorn	Cauliflower and broccoli	Peas and carrots	Broccoli and beans
<u>Picking Plate or baked potato</u>	Lentil Soup Roast ham sandwich Cucumber batons Banana Mixed salad Fruit yoghurt	Tomato soup Baked Potato with Baked Beans Mixed salad Apple	Carrot and butternut squash soup Turkey roll Melon Slices Mixed salad	Baked Potato with coleslaw Mixed salad Apple sponge with custard	Chicken noodle soup Cheddar cheese sandwich Cherry Tomatoes Orange Segments Mixed salad
<u>Drinks</u>	Water	Water	Water	Water	Water