

## High Schools Week 2

<u>DAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>CHEF'S SOUP OF THE DAY</u>	Tomato and Basil Soup	Lentil Soup	Carrot and coriander Soup	Lentil Soup	Minestrone Soup
<u>MAIN/HOT</u>	Sweet and sour chicken with rice and oriental vegetables  Creamy penne pasta with leeks and broccoli and a slice of crusty bread  Peri Peri Burger in a bun with salad, baby potatoes and beans	Sausage and potato bake with gravy, peas, carrots and a slice of garlic bread  Tomato and garlic pasta spirals in a tomato sauce with garlic bread and carrots  Falafel pitta pocket with salad, chips and coleslaw	Tomato, mixed peppers and cheese pizza with boiled baby potatoes  Macaroni cheese with green beans and a slice of garlic bread  Beef Burger in a bun with salad, potato wedges and peas	Bean and vegetable chilli with rice and garlic bread  Tomato and mozzarella pasta with cabbage and a slice of crusty bread  Salmon fish finger roll with boiled potatoes and sweetcorn	Pasta spirals in a Bolognese sauce with carrots and a slice of garlic bread  Breaded haddock with peas, carrots and chips  BBQ chicken burger in a bun with beans and boiled potatoes
<u>PASTA/SALAD</u>	Pasta salad of tuna mayonnaise Baked Potato with cheese/chicken mayonnaise	Pasta salad of Italian chicken Mayonnaise Baked Potato with beans/beans and cheese	Pasta salad of tuna mayonnaise Baked Potato with cheese/tuna mayonnaise	Pasta salad of Italian chicken Mayonnaise Baked Potato with beans/beans and cheese	Pasta salad of Peri peri chicken mayonnaise Baked Potato with cheese/tuna mayonnaise
<u>CAKE</u>	Lemon and poppy seed muffin Fruit Tub Yoghurt Jelly	Fruit Muffin Fruit Tub Yoghurt Jelly	Carrot Cake Fruit Tub Yoghurt Jelly	Fruit muffin Fruit Tub Yoghurt Jelly	Fruit muffin Fruit Tub Yoghurt Jelly
<u>HOT GRAB AND GO DELI</u>	Cheese and ham panini BBQ chicken and cheese panini Chicken Tikka panini Pizzini	Cheese and tomato panini Ham and cheese panini Piri Piri chicken panini	Cheese and ham panini BBQ chicken panini Ham panini	Cheese panini Piri piri chicken panini Cheese and pepperoni panini	Roasted vegetable and cheese panini Cheese and Ham panini Chicken Tikka panini
<u>COLD GRAB AND GO DELI</u>	Tuna Mayonnaise salad roll Cheese and salad Sandwich Chicken Mayonnaise wrap Roast turkey and salad sandwich	Ham and salad sandwich Chicken korma baguette Tuna mayonnaise sandwich Roast chicken and salad sandwich	Tuna Mayonnaise salad roll Cheese and salad Sandwich Chicken Mayonnaise wrap Roast turkey and salad sandwich	Ham and salad sandwich Chicken korma baguette Chicken mayonnaise sandwich Cheese sandwich	Tuna Mayonnaise salad roll Cheese and salad Sandwich Chicken Mayonnaise wrap Tuna mayonnaise sandwich
<u>Salads</u>	Selection of salads	Selection of salads	Selection of salads	Selection of salads	Selection of salads
<u>DRINKS</u>	Various drinks available	Various drinks available	Various drinks available	Various drinks available	Various drinks available