

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Soups** | **Sweet Potato Soup** | **Lentil Soup** | **Tomato Soup** | **Yellow Split Pea Soup** | **Lentil Soup** |
| **Meal Option** | **Chicken Curry** | **Scotch Beef Bolognaise** | **Chicken Tikka Masala** | **Paprika Chicken** | **Breaded Haddock** |
| **Vegetarian** | **Baked Pasta** | **Potato and**  **Chick Pea Curry** | **Baked Macaroni Cheese** | **Mediterranean**  **Vegetable Lasagne** | **Vegetable Enchiladas** |
| **Carbohydrates** | **Boiled Rice**  **Garlic Bread** | **Spaghetti**  **Garlic Bread** | **Boiled Rice** | **Herby Diced Potatoes**  **Tagliatelle** | **Chips** |
| **Vegetables** | **Broccoli Florets**  **Sweetcorn** | **Garden Peas**  **Steamed Carrots** | **Broccoli Florets**  **Cauliflower Florets** | **Roasted Vegetables**  **Coleslaw** | **Garden Peas**  **Baked Beans** |
| **Desserts** | **~** | **~** | **~** | **~** | **~** |
| **Grab and Go** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguette** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis**  **Chicken Burger**  **Pizza Slice**  **Thai Veg Noodle Pot** | **Toasted Paninis**  **Beef Burgers**  **Pizzini**  **Baked Potato & Fillings** | **Toasted Paninis**  **Chicken Nugget Wrap**  **Hot Dog**  **Thai Veg Noodle Pot** | **Toasted Paninis**  **Chicken Burger**  **Pizza Slice**  **Baked Potato & Fillings** | **Toasted Paninis**  **Chicken Nugget Wrap**  **Pizzini** |

**School Year 2023/2024 High School Week 4**